

# Blu Jam Cafe Hits The Spot!

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Driving up and down the length of Melrose Avenue, you'll find an abundance of restaurants for a midday brunch or early evening dinner. So which do you choose? Just between Martel and Fuller Avenues, there's Blu Jam Cafe. Years ago, it was an underground jazz and blues club, and patrons would have to enter secretly to hear musicians play. Hence the name: Blu Jam. There is plenty of outdoor seating for those who like to watch the crowds go by on the weekend, but for those who prefer the coverage of four walls, there are just enough tables inside to make it feel cozy but not claustrophobic.



Having a dinner [party](#) or brunch? Ask for the private table behind the curtain for a little seclusion. The cafe's art deco feel adds to its atmosphere. Fanastical paintings (some for sale) cover the half-brickface walls, providing a little extra conversation piece during your stay. High-backed wooden chairs flank intimately close square tables, which draw your eye to the front counter stocked with a few of the day's sweet treats.

Morning, noon, and night, there are so many choices for a meal that you can't help but spend at least five minutes grappling with your decision. Stuffed French toast, crepes with nutella or [fruit](#), various egg scrambles and fruit dishes make up the majority of the breakfast selection. Lunch is an impressive selection of homemade soups, hearty burgers, grilled sandwiches, hefty meat and veggie wraps and fresh salads. If you're looking for heavier fare, try the pasta, seafood and steak selections for dinner. Their offerings for the vegetarians out there don't fall short either. Tofu scrambles, portobello and veggie burgers, vegetarian wraps and sandwiches and a variety of salads should appease those who would rather not eat meat. And [health](#) nuts need not worry either. Seasonal fruit and organic greens are offered with just about every meal, egg whites come in a variety of the breakfast plates and there are no french fries to be found here—just rustic cooked potatoes. Top off your meal with one of their special blend coffees or teas, and your meal is pretty complete.

Although parking is a beast, your trip into town should feel worth the trouble. It's hard to complain when you eat for a king on a peasant's pay. The prices at Blu Jam should be right down the alley for anyone, especially for those who are living the life of a struggling artist in LA. With breakfast and lunch selections ranging from \$6-\$12 and main courses between \$11 and \$17, it's easy to get your fill on a budget. Plus, if you're someone who can make it up and out during the early morning hours, you can take your pick of their breakfast menu for just \$6.95. Any and everything for breakfast for only \$7! Just make sure you place your order between 8:00 am and 10:00 am because by mid-morning, the special is over.

Make your way to Blu Jam sooner than later. It's only open from 9:00 am-6:00 pm Sunday through Thursday, but the spot is open until 10:00 pm on Fridays and Saturdays. Whether you're going with a group of friends for lunch or solo to grab dinner and a coffee, Blu Jam Cafe probably has just what you want to satisfy your craving for comfort food.

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